Form MCSA-5875 OMB No.: 2126-0006 Expiration Date: 03/31/2028

Public Burden Statement

U.S. Department of Transportation
Federal Motor Carrier Safety Administration

Medical Examination Report Form
(for Commercial Driver Medical Certification)

MEDICAL RECORD #
(or sticker)

SECTION 1. Driver Information *(to be filled out by the driver)*

PERSONAL INFORMATION

Last Name: DeMott First Name: Ralph Middle Initial: L Date of Birth: 01/30/1950 Age: 76

Street Address: Po Box 684 City: Lockeford State/Province: CA Zip Code: 95237

Driver's License Number: B3016288 Issuing State/Province: CA Phone: (209) 3297974

E-Mail *(optional)*: peepalealegmail.com CLP/CDL Applicant/Holder*: X Yes ○ No

Driver ID Verified By**: CDL# B3016288

Has your USDOT/FMCSA medical certificate ever been denied or issued for less than 2 years? ● Yes ○ No ○ Not Sure

*CLP/CDL Applicant/Holder. See instructions for definitions.

**Driver ID Verified By: Record what type of photo ID was used to verify the identity of the driver, e.g., CDL, driver's license, passport.

DRIVER HEALTH HISTORY

Have you ever had surgery? If "yes," please list and explain below. ● Yes ○ No ○ Not Sure

Appendectomy - 10/20/80
Colon Cancer resection 12/13/13
Tonsils/Adnoids 01/1954

Are you currently taking medications *(prescription, over-the-counter, herbal remedies, diet supplements)*? ● Yes ○ No ○ Not Sure
If "yes," please describe below. once daily

Januvia 50mg
Atenolol 25 mg
Amlodipine 5mg
Xarelto 15mg
Atorvastin 10mg
Finasteride 5mg
Doxazosin 5mg
Tumeric 3,000mg
Vitamin D 1,000mg

(Attach additional sheets if necessary)

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Last Name: DeMott First Name: Ralph DOB: 01/30/1950 Exam Date: 4/10/26

DRIVER HEALTH HISTORY (continued)

Do you have or have you ever had:	Yes	No	Not Sure
1. Head/brain injuries or illnesses (e.g., concussion)	○	●	○
2. Seizures/epilepsy	○	●	○
3. Eye problems (except glasses or contacts)	○	●	○
4. Ear and/or hearing problems	○	●	○
5. Heart disease, heart attack, bypass, or other heart problems	●	○	○
6. Pacemaker, stents, implantable devices, or other heart procedures	○	●	○
7. High blood pressure	●	○	○
8. High cholesterol	●	○	○
9. Chronic (long-term) cough, shortness of breath, or other breathing problems	○	●	○
10. Lung disease (e.g., asthma)	○	●	○
11. Kidney problems, kidney stones, or pain/problems with urination	●	○	○
12. Stomach, liver, or digestive problems	○	●	○
13. Diabetes or blood sugar problems	●	○	○
Insulin used	○	●	○
14. Anxiety, depression, nervousness, other mental health problems	○	●	○
15. Fainting or passing out	○	●	○
16. Dizziness, headaches, numbness, tingling, or memory loss	○	●	○
17. Unexplained weight loss	○	●	○
18. Stroke, mini-stroke (TIA), paralysis, or weakness	○	●	○
19. Missing or limited use of arm, hand, finger, leg, foot, toe	○	●	○
20. Neck or back problems	○	●	○
21. Bone, muscle, joint, or nerve problems	○	●	○
22. Blood clots or bleeding problems	●	○	○
23. Cancer	○	●	○
24. Chronic (long-term) infection or other chronic diseases	○	●	○
25. Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring	○	●	○
26. Have you ever had a sleep test (e.g., sleep apnea)?	○	●	○
27. Have you ever spent a night in the hospital?	●	○	○
28. Have you ever had a broken bone?	○	●	○
29. Have you ever used or do you now use tobacco?	●	○	○
30. Do you currently drink alcohol?	○	●	○
31. Have you used an illegal substance within the past two years?	○	●	○
32. Have you ever failed a drug test or been dependent on an illegal substance?	○	●	○

Other health condition(s) not described above: ○ Yes ○ No ○ Not Sure

Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: ● Yes ○ No ○ Not Sure

5- AFib 02/2015
7- Medications Amolidipine/Atenolol.
8- Medications Atorvastitin/Finasteride
11- under doctor care - monitored
13- Medication Januvia
23* Colon resection 12/13/13 (remission)
27- for surgery*
29- tobacco 40 yrs ago

(Attach additional sheets if necessary)

CMV DRIVER'S SIGNATURE

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of 49 CFR 390.35, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under 49 CFR 390.37 and 49 CFR 386 Appendices A and B.

Driver's Signature: Ralph DeMott Date: 04/10/2026

SECTION 2. Examination Report *(to be filled out by the medical examiner)*

DRIVER HEALTH HISTORY REVIEW

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

#5 - AFIB #13 - Controlled, #23 - Cancer removed
#7, #8 - Controlled w/ Meds #27 - Different procedures
#11 - Controlled w/ Meds #29 - Past Smoker

(Attach additional sheets if necessary)

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TESTING

Pulse Rate: 58 Pulse rhythm regular: (●) Yes ( ) No Height: 5 feet 9 inches Weight: 278 pounds

Blood Pressure	Systolic	Diastolic
Sitting	147	80
Second reading (optional)	130	76

Urinalysis	Sp. Gr.	Protein	Blood	Sugar
Urinalysis is required. Numerical readings must be recorded.	1.025	Neg	Neg	Neg

Other testing if indicated

Protein, blood, or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.

Vision

Standard is at least 20/40 acuity (Snellen) in each eye with or without correction. At least 70° field of vision in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate.

Acuity	Uncorrected	Corrected	Horizontal Field of Vision
Right Eye:	20/80	20/30	Right Eye: 80 degrees
Left Eye:	20/80	20/30	Left Eye: 80 degrees
Both Eyes:	20/63	20/25	

	Yes	No
Applicant can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors	●	○
Monocular vision	○	●
Referred to ophthalmologist or optometrist?	○	●
Received documentation from ophthalmologist or optometrist?	○	●

Hearing

*Standard: Must first perceive whispered voice at not less than 5 feet **OR** average hearing loss of less than or equal to 40 dB, in better ear (with or without hearing aid).*

Check if hearing aid used for test: ☐ Right Ear ☐ Left Ear ☒ Neither

Whisper Test Results

Record distance *(in feet)* from driver at which a forced whispered voice can first be heard

Right Ear	Left Ear
5	5

OR

Audiometric Test Results

Right Ear:			Left Ear:		
500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz
Average (right):			Average (left):		

PHYSICAL EXAMINATION

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Check the body systems for abnormalities.

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General	●	○	8. Abdomen	●	○
2. Skin	●	○	9. Genito-urinary system including hernias	●	○
3. Eyes	●	○	10. Back/spine	●	○
4. Ears	●	○	11. Extremities/joints	●	○
5. Mouth/throat	●	○	12. Neurological system including reflexes	●	○
6. Cardiovascular	●	○	13. Gait	●	○
7. Lungs/chest	●	○	14. Vascular system	●	○

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

98% - O2

All Tests WNL

(Attach additional sheets if necessary)

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Please complete only one of the following (Federal or State) Medical Examiner Determination sections:

MEDICAL EXAMINER DETERMINATION (Federal)

Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49):

- ○ Does not meet standards *(specify reason)*:
- ○ Meets standards in 49 CFR 391.41; qualifies for 2-year certificate
- ● Meets standards, but periodic monitoring required *(specify reason)*: HTN / Diabetic
  - Driver qualified for: ○ 3 months ○ 6 months ● 1 year ○ other *(specify)*:
  - ● Wearing corrective lenses ☐ Wearing hearing aid ☐ Accompanied by a waiver/exemption *(specify type)*:
  - ☐ Accompanied by a Skill Performance Evaluation (SPE) Certificate
  - ☐ Driving within an exempt intracity zone *(see 49 CFR 391.62) (Federal)*
- ○ Determination pending *(specify reason)*:
  - ☐ Return to medical exam office for follow-up on *(must be 45 days or less)*:
  - ☐ Medical Examination Report amended *(specify reason)*:
  - *(if amended)* Medical Examiner's Signature: Date:
- ○ Incomplete examination *(specify reason)*:

If the driver meets the standards outlined in 49 CFR 391.41, then complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.

I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that, to the best of my knowledge, I believe it to be true and correct.

Medical Examiner's Signature:

Medical Examiner's Name *(please print or type)*: Salvatore Nolfo

Medical Examiner's Address: 5637 N Pershing Ave Ste G16 City: Stockton State: CA Zip Code: 95207

Medical Examiner's Telephone Number: (209) 957-1500 Date Certificate Signed: 4/10/26

Medical Examiner's State License, Certificate, or Registration Number: DC28710 Issuing State: CA

☐ MD ☐ DO ☐ Physician Assistant ☑ Chiropractor ☐ Advanced Practice Nurse

☐ Other Practitioner *(specify)*:

National Registry Number: 6178548382 Medical Examiner's Certificate Expiration Date: 4/10/27

Public Burden Statement
A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0006. Public reporting for this collection of information is estimated to be approximately one minute per response, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. All responses to this collection of information are mandatory. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Information Collection Clearance Officer, Federal Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.

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U.S. Department of Transportation
Federal Motor Carrier
Safety Administration

Medical Examiner's Certificate
(for Commercial Driver Medical Certification)

I certify that I have examined **Last Name:** DEMOTT **First Name:** RALPH in accordance with *(please check only one)*:

- (●) the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49) and, with knowledge of the driving duties, I find this person is qualified, and, if applicable, only when *(check all that apply)* **OR**
- ( ) the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49) with any applicable State variances (which will only be valid for intrastate operations), and, with knowledge of the driving duties, I find this person is qualified, and, if applicable, only when *(check all that apply)*:

- [x] Wearing corrective lenses
- [ ] Wearing hearing aid
- [ ] Accompanied by a _____ waiver/exemption
- [ ] Accompanied by a Skill Performance Evaluation (SPE) Certificate
- [ ] Driving within an exempt intracity zone (49 CFR 391.62) *(Federal)*
- [ ] Grandfathered from State requirements *(State)*

The information I have provided regarding this physical examination is true and complete. A complete Medical Examination Report Form, MCSA-5875, with any attachments, embodies my findings completely and correctly, and is on file in my office.

Medical Examiner's Certificate Expiration Date: 04/10/2027

Medical Examiner's Signature

Medical Examiner's Telephone Number: (209) 957-1500

Date Certificate Signed: 04/10/2026

Medical Examiner's Name *(please print or type)*: Salvatore Nolfo

( ) MD ( ) Physician Assistant ( ) Advanced Practice Nurse
( ) DO (●) Chiropractor ( ) Other Practitioner *(specify)* _____

Medical Examiner's State License, Certificate, or Registration Number: 28710

Issuing State: California

National Registry Number: 6178548382

Driver's Signature

Driver's License Number: B3016288

Issuing State/Province: California

Driver's Address

Street Address: PO BOX 684 City: LOCKEFORD State/Province: CA Zip Code: 95237

CLP/CDL Applicant/Holder (●) Yes ( ) No

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Rev 3/1/23

CALIFORNIA DEPARTMENT OF MOTOR VEHICLES
MEDICAL REPORT UPDATE RECEIPT - NOT A LICENSE OR PERMIT

DL NUMBER: B3016288
NAME: RALPH LESLIE DEMOTT
MEDICAL EXP DATE: 04/10/27
ATTACHMENT CODE: 51

MEDICAL DATE UPDATED

OFFICE: 517/10 04/10/26 15:16